

IN CASE OF A MEDICAL EMERGENCY: CALL 911**First Aid Procedure without First Aid Attendant****Clinic**

Name:

Address:

Closest Hospital

Name:

Distance:

Address:

First Aid Supplies

Personal First Aid Kit Location:

Transportation

Transportation methods for medical treatment if needed:

Contact number:

For All First Aid Events:

1. The person reporting the injury should indicate the nature of the injury, location of the injured person, if any special first aid equipment is required, and if an ambulance is likely needed.
2. Provide first aid if appropriate (911 not required). Document first aid given on a first aid record. This record must be retained for 3 years. I
3. Inform the clinic supervisor of the first aid event.

Blood and Body Fluid Exposure (including needle stick injury):

1. Flush or wash the affected area immediately with soap and water.
2. Allow the wound to bleed freely. Do not force bleeding.
3. Inform the clinic supervisor of exposure to ensure exposure is documented as per WorkSafe BC requirements.
4. Report to the nearest Emergency Department within two hours of exposure for appropriate evaluation and treatment.

Burns

1. Cold the skin immediately with running water for 10 minutes or more. Do not use ice.
2. Remove gently any restrictive jewelry and apply a clean dressing.

Bleeding

1. Elevate the limb, if possible, and apply direct pressure to the wound with gloved hands using a clean cloth or gauze for at least 5 minutes, or until the bleeding stops.
2. Apply a clean dressing.

Medical Emergency (911 required):

1. Ensure the accident area is safe and there is no further danger present.
2. Do not move the injured person unless there is a risk of further injury.
3. Keep calm and do not leave the injured person unattended.
4. Contact the clinic supervisor and report the location and condition of the injured person.
5. Assist the clinic supervisor as needed (e.g., calling 911 or taxi).
6. Designate someone to meet ambulance and direct to the injured person if called.

Reporting Injuries and Exposures:

- All injuries and exposures must be reported to the clinic supervisor.
- Determine if the incident requires immediate reporting to WorkSafeBC.

**This poster must be displayed in an area visible to staff.**

