

First Aid Kit Type: Basic Kit

First Aid Attendant Type: Basic First Aid Attendant

Your first aid kit must include:

Item	Quantity
Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)	50
Gauze pad, sterile, individually wrapped, 7.6 × 7.6 cm (3 × 3 in.)	24
Abdominal pad, sterile, individually wrapped, 12.7 × 22.9 cm (5 × 9 in.)	2
Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm × 1.8 m (2 in. × 2 yd.)	2 rolls
Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm × 1.8 m (3 in. × 2 yd.)	2 rolls
Compress/pressure dressing with ties, sterile, 10.2 × 10.2 cm (4 × 4 in.)	4
Triangular bandage, cotton, with 2 safety pins, 101.6 × 101.6 × 142.2 cm (40 × 40 × 56 in.)	4
Adhesive tape, 2.5 cm × 2.3 m (1 in. × 2.5 yd.)	2 rolls (4.6 m)
Antiseptic wound cleansing towelette, individually wrapped	50
Hand/skin cleansing towelette, individually wrapped (or equivalent)	12
CPR resuscitation barrier device with one-way valve (barrier type or pocket mask)	1
Examination gloves, disposable, medical grade, one-size, non-latex, powder free	8 pairs
Biohazard waste disposal bag, single use	2
Bandage scissors, stainless steel	1
Splinter forceps/tweezers	1
Emergency blanket, aluminized, non-stretch polyester, minimum 132 × 213 cm (52 × 84 in.)	1
Arterial bleed tourniquet (windlass or ratcheting type)	1
Medical grade face mask	6

Item	Quantity
Face shield or safety eyewear	2
Contents list	1
Blank first aid records	
Patient assessment charts (optional)	