

First Aid Kit Type: Personal Kit

First Aid Attendant Type: -

Your first aid kit must include:

Item	Quantity
Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)	16
Gauze pad, sterile, individually wrapped, 7.6 × 7.6 cm (3 x 3 in.)	6
Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm × 1.8 m(2 in. x 2 yd.)	1 roll
Compress/pressure dressing with ties, sterile, 10.2 × 10.2 cm (4 × 4 in.)	2
Triangular bandage, cotton, with 2 safety pins, 101.6 × 101.6 × 142.2 cm (40 × 40 × 56 in.)	1
Adhesive tape, 2.5 cm × 2.3 m (1 in. × 2.5 yd.)	1 roll
Antiseptic wound cleansing towelette, individually wrapped	6
Hand/skin cleansing towelette, individually wrapped (or equivalent)	4
Examination gloves, disposable, medical grade, one-size, non-latex, powder free	2 pairs
Biohazard waste disposal bag (single use)	1
Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in.)	1
Contents list	1
Blank first aid records	